

MCYMNA

MCYM

DAY

2023



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PACKET GUIDE

For the upcoming MCYM Day, all our Malankara members are encouraged to express their support and membership in MCYM in any way possible. We hope you use this guide as a template or resource for ideas in your particular parish.

1. Youth members of MCYM are encouraged to give speeches on how they see MCYM being an avenue of growth for keeping Malankara alive and thriving in the US.
2. Since many of the missions have very young children, it might be a very good initiative to begin getting them interested, and looking forward to, MCYM day.
3. Sunday school classes can be given to some of the younger children on the history of the Malankara Catholic Church – perhaps a video or a small skit would be useful as well.
4. A small pamphlet or flyer can be put together by some of the youth going over what your mission's MCYM has accomplished or wants to accomplish - this can be distributed at church that week. Included in that packet can be the St. Francis prayer
5. Decorate the church for MCYM day, images/stories of St. Francis, balloons, etc.
6. Have an adult layperson give a presentation on the role of the youth in the missions.
7. Stress each youth member to receive Confession and also Communion on/before MCYM Day.
8. Share information about our Patron Saint, Francis of Assisi
9. Be Generous! Sunday collection will be for MCYM future endeavors, especially for activities in the coming years.

PLEDGE

I, a member of the Malankara Catholic Youth Movement, the Youth wing of the Malankara Catholic Church, believe in the economy of salvation manifested in Jesus Christ and in the Holy Catholic Church. I am proud of the patrimony of the Malankara Catholic Church, which is rooted in the apostolic tradition of St. Thomas, the cultural heritage of India, and in the uniqueness and spiritual traditions of the universal Catholic Church.

In the name of God, I pledge to abide by the constitution of MCYM to strive continuously towards the fruition of the reunion endeavor, the special mission of the Malankara Catholic Church, and the particular goals of the movement.

May the Blessed Virgin Mary and St. Francis of Assisi, the Heavenly Patron of MCYM, help me to be faithful to this Pledge.

PRAYER OF ST. FRANCIS OF ASSISI

Lord make me an instrument of your
peace

Where there is hatred let me show
love

Where there is injury, pardon

Where there is doubt, faith

Where there is despair, hope

Where there is darkness, light

And where there is sadness, joy

O, Divine Master, grant that
I may not, so much seek to be
consoled than to console

To be understood than to
understand

To be loved than to love

For it is in giving that we are
pardoned

And it is in dying, that we are born
to eternal life.

MCYM ANTHEM

TRANSLITERATION

Sirakalil veeryam nurayum nuthana
Yuvajana shakti tharangam
Karalil kraistava Dharmam
Lakshyam manava vimochanam

MCYM MCYM

Aniyani cherneedan
Abhimanathin alakaluyarathi
Onnai padidam

Thamasin kotta thakaarkkananpin
Ponvilakkukalayidam
Nerin ponnoli veesham nanmathan
Nakshatrakkathirayeedam
Prasana Sathangalil amarum Nadine
Vishwasthalunarthidam

MCYM MCYM

Aniyani cherneedan
Abhimanathin alakaluyarathi
Onnai padidam

Swarthararangamolippikkum
Samirdhiye mochippikkum
Santhitha chundile pattunarthan
Neethi pravachakarayeedam
Arivunarthum prarathanayal
Athma dhairyam nedeedam

MCYM MCYM

Aniyani cherneedan
Abhimanathin alakaluyarathi
Onnai padidam

TRANSLATION**

Your veins and heart are filled
With new power and Christian
righteousness
That leads to liberation of humanity

MCYM MCYM

Proudly with our heads held high
Let us march together
And sing as one

Let us be the golden lamps
And we will destroy the fortress of
darkness with our love
Let us be the stars of goodness that shed
the rays of truth
With our faith let us raise the countries
that are pressed with thousands of
problems

MCYM MCYM

Proudly with our heads held high
Let us march together
And sing as one

Let us liberate the abundance hidden by
selfishness
Let us be the prophets of justice
And sing the songs of peace
Let us pray for wisdom and knowledge
To attain self confidence.

MCYM MCYM

Proudly with our heads held high
Let us march together
And sing as one

***This is not to be sung, it is just the literal meaning of
the MCYM anthem in English*

PRAYER FOR THE PREPARATION OF THE 2024 CONFERENCE

OUR BELOVED HEAVENLY FATHER,

As we prepare for the upcoming Eparchial Youth Conference, we gather as one in your presence today to thank you and praise you for your manifold blessings given to us. Look not at our weaknesses, O Merciful One, but send forth your Holy Spirit to strengthen our minds, bodies, and spirits to allow us to serve you in our fullest selves all the days of lives.

We implore you to work within us so that our works may be a blessing and inspiration for our Syro-Malankara Catholic Church, especially through us, your youth.

We humble ourselves before you, O Loving One (bow your heads). Open our hearts and empower us with your divine touch. Grant us the strength to become strong soldiers and devout leaders in this life. Let no evils or distractions of this world trample our vocation to holiness, and transform us as your instruments so that your Will shall be done on Earth as it is in Heaven.

We, your youth and your children, adore you, O Gracious One. Ignite the fire within us to love and serve you. We hunger for the wisdom, patience, and your Word to fulfill us rather than the finite and unfulfilling treasures of this world. Prune us to be fruitful by the power of the Holy Spirit to grow in steadfast faith and devotion and lead the world around us in your footsteps.

We dedicate all the planning, preparations, and execution of the anticipated Youth Conference into your hands, and we pray that this event may bring your children, whom you dearly love, closer to you so that they may experience your divine embrace.

We believe in the Light and Hope to come. In Jesus' name, we pray. Amen!

OUR FATHER... HAIL MARY... GLORY BE...

MOTHER MARY, QUEEN OF PEACE AND SEAT OF WISDOM PRAY FOR US,

ST. FRANCIS OF ASSISI, PATRON SAINT OF MCYM PRAY FOR US.

ALL HOLY ANGELS AND SAINTS.... PRAY FOR US.